

Flax Seed Oil

Product # 1405

100 Capsules

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value*
Calories	10	
Calories from Fat	10	
Total Fat	1 gm	2%
Saturated Fat	0 gm	
Cholesterol	0 mg	
Vitamin A (as naturally occurring beta carotene)	430 IU	9%

*Percent Daily Values based on a 2,000 calorie diet

Ingredients: Flax seed oil, gelatin, water, glycerin, carob and d-alpha tocopherol.

Each capsule contains 1,000 mg of pure flax seed oil, cold pressed from certified organically grown flax seed, providing a natural source of alpha linolenic acid, linoleic acid and oleic acid.

RECOMMENDATION: One (1) capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC #55146-01405 Rev. 3/07